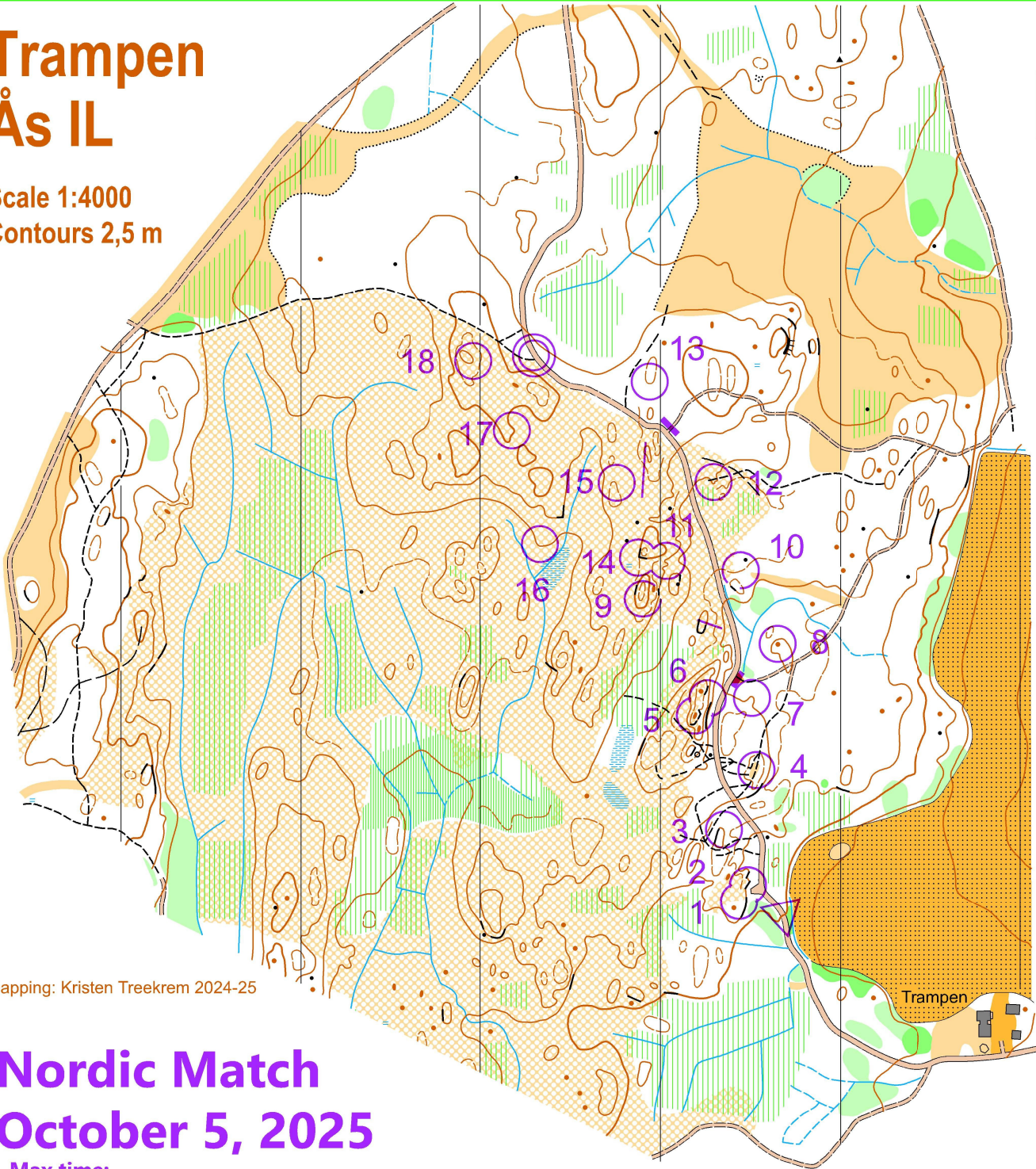


Trampen Ås IL

Scale 1:4000
Contours 2,5 m



Mapping: Kristen Treekrem 2024-25

Nordic Match October 5, 2025

Max time:
Elite: 105 min (P-cert: 113 min)
A-class: 87 min (P-cert: 95 min)

Nordic Match October 5									
A		0,5 km		87 m					
▷		↗		<					
1	A-C	⬢			Q				
2	A-C	≡							
3	A-D	○			○				
4	A-B	○							
5	A	●			○				
6	A-C	≡	≡						
7	A-B	⌞			○				
8	A-B	●							

9	A		○			Q			
10	A-B		○	▲					
11	A-B	↗	⌞						
12	A-C	↙	⌞						
13	A-B		○			○			
14	A-E		≡			⌞			
15	A		○			○			
16	A		⌞			○			
17	A	↗	⌞			○			
18	A-C		○			Q			

