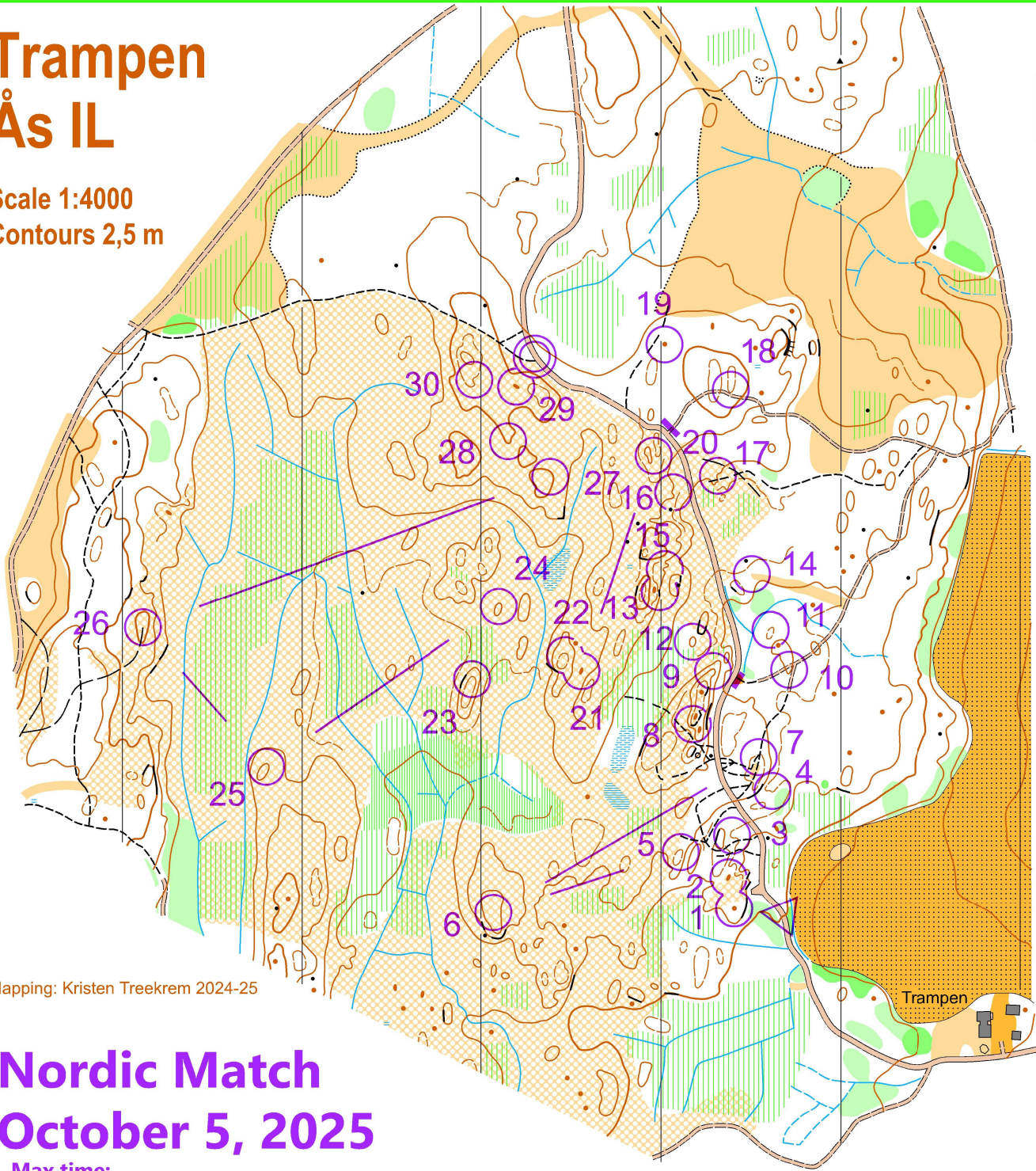


Trampen Ås IL

Scale 1:4000
Contours 2,5 m



Mapping: Kristen Treekrem 2024-25

Nordic Match October 5, 2025

Max time:
Elite: 105 min (P-cert: 113 min)
A-class: 87 min (P-cert: 95 min)

Nordic Match October 5					
Elite		0,1 km		105 m	
▷		↗		<	
1	A-C	●		○	
2	A-C	●			
3	A-D	∩			
4	A	→ ∩			
5	A	← ○		○	
6	A	○			
7	A-B	↗ ↘ Y		○	
8	A	○		○	

9	A-C	≡ ∩		○	
10	A-B	○		○	
11	A-B	○		○	
12	A	○			
13	A	≡			
14	A-B	◇		⌒	
15	A-B	↙ ∩			
16	A-B	∩			
17	A-C	≡ ∩			
18	A	→ ○		○	
19	A-B	●		○	
20	A-E	○ ○		≡	

21	A-E	●			
22	A-E	○		○	
23	A	○		○	
24	A	○		○	
25	A	○		○	
26	A	○			
27	A	○		○	
28	A	↙ ∩		○	
29	A-C	●		○	
30	A-C	∩			
40 m					