

Lahti TrailO Weekend - Bulletin 2

Organizer: Lahden Suunnistajat -37

Event Director: Tuomo Niskanen

IOF Event Adviser: Eero Hakanen

Course setter: Teemu Niskanen

Mapmaker: Janne Seppälä (PreO Sprint, TempO, PreO1); Teemu Niskanen (PreO2)

Classes: Elite, Open A

Jury: Libor Forst (head of jury), Kyllikki Anttila, Martin Fredholm.

Back-up & Finnish Championship support: Juha Villikka

Event adviser leads the jury but has no vote.

Program:

Friday 1st August 18:00 – PreO Sprint (non-WRE). Location: Tapanila, Lahti (EC1)

Saturday 2nd August 10:30 – TempO (**WRE**). Location: Tapanila, Lahti (EC1)

Saturday 2nd August 14:00 – PreO1 (**WRE**). Location: Tapanila, Lahti (EC1)

Sunday 3rd August 10:30 – PreO2 (**WRE**). Location: Kiveriö, Lahti (EC2)

The World Ranking Events (WRE) in Lahti TrailO Weekend are also Finnish Championship races. Only Finnish citizens are eligible to win Finnish Championship medals, but everyone outside of Finland are also eligible (and invited) to participate in these WRE competitions.

General information:

Number bibs are used in all competitions. The same number is used in each start. Own safety pins.

TOE and ANT are used for time keeping and punching. The same TOE set is used in each competition, and only returned after your last race. No rent fee is taken from TOE chips, but 50€ penalty payment is collected from unreturned chips.

Both number bibs and TOE sets are available from the event center.

Free punching order in PreO sprint, PreO1, and PreO2 races.

Competition rules & Complaints:

The competitions will follow the rules for IOF Trail Orienteering Events. The latest version of the rules is available for download from the [IOF website](#).

As per IOF rules there is a 15min period to make complaints after the results are published. The complaint period is declared by the Event Director verbally in the Event Center on each day. Complaint forms are available from the Event Center. Complaints shall be given to the Event Director.

On Saturday there is an exception for the complaint process as the Tempo and PreO1 race starts are overlapping. In this case all tempo related complaints must be written and handed to Event Director before their start for PreO1 race. There is a high risk of flags being stolen in this area so we want to collect the control flags from the forest as soon as possible. The tempo related complaints will be processed during the PreO1 race.

Maps:

Maps are made in ISSprOM 2019 1:3000 / 2m.

Tapanila mapped 7/2025.

Kiveriö sprint map 2021, updated 7/2025

Tempo and timed control maps are laminated. PreO maps are in plastic covers.

Terrain and paths:

PreO Sprint, TempO and PreO1 are held from Tapanila ski cottage. Despite this, most of the terrain is relatively flat and contains many depressions. Visibility varies from very good (pine forest) to poor (spruce forest). The routes are mainly on gravel paths that are used in the winter as ski tracks.

Tapanila map is made specifically for this trail competition. The terrain doesn't contain many significant features, so many smaller objects that normally wouldn't be mapped are also included on the map. Examples of these kinds of objects are fallen trees, individual boulders and ant hills. Some of the ant hills are also smaller than you would normally see mapped.



Picture of an ant hill. Described in the map with a prominent landform feature (brown triangle).



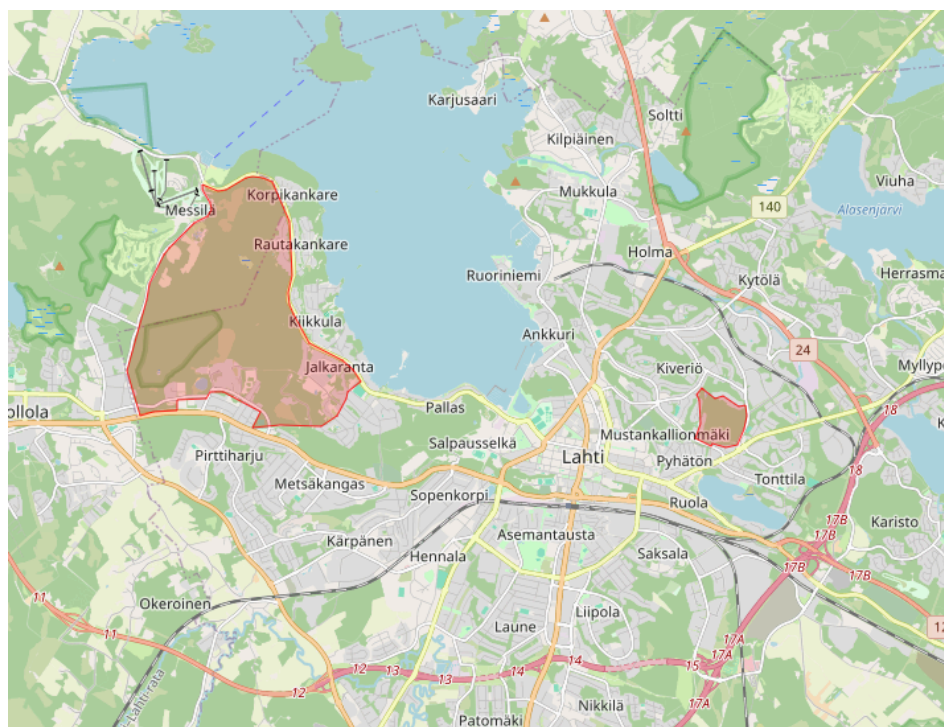
Picture of a fallen tree. Described in the map either as a slow vegetation (green lines) or prominent vegetation feature (green X).

PreO2 terrain is a typical Finnish forest terrain where the visibility is not as good as in the other events. There are few areas with bare rock, but most of the terrain is covered with undergrowth. This race also is held on a gravel path that is used for cross-country skiing in the winter.

As the PreO2 day is based on an existing sprint orienteering map, and only updated for this trail competition, it is not as detailed as the Tapanila map. For example, no ant hills or single fallen trees are drawn on the map. Also small individual boulders that are smaller than stones, are not drawn on the map.

Embargoed areas:

<https://karttarekisteri.fi/index.php/pages/maps#>



Embargoed areas on the map.

Old maps of the area:

Old maps for both Tapanila and Kiveriö can be found from the links below.

Tapanila: <https://www.ls37.fi/wp-content/uploads/2025/07/TapanilaEtela-2022.pdf>

Kiveriö: <https://www.ls37.fi/wp-content/uploads/2025/07/Kiverio2022-4000.pdf>

Remember that **watching old maps in the event center is forbidden!**

Event center FRIDAY & SATURDAY:



On Friday and Saturday, the event center is located at the Tapanila ski cottage (Tapanilan hiihtomaja). Parking is located on a public parking lot in the end of Mäkirinteenkatu. **Please note that the parking disc is required to indicate your arrival time.** If you don't have a parking disc in your car, you can ask for one from the Event Center. Part of the area is 24h, and other is only for 4h. Link to Google navigation: [LINK](#).

On Friday the Event Center opens latest at 17.00, and Saturday latest at 9.30.

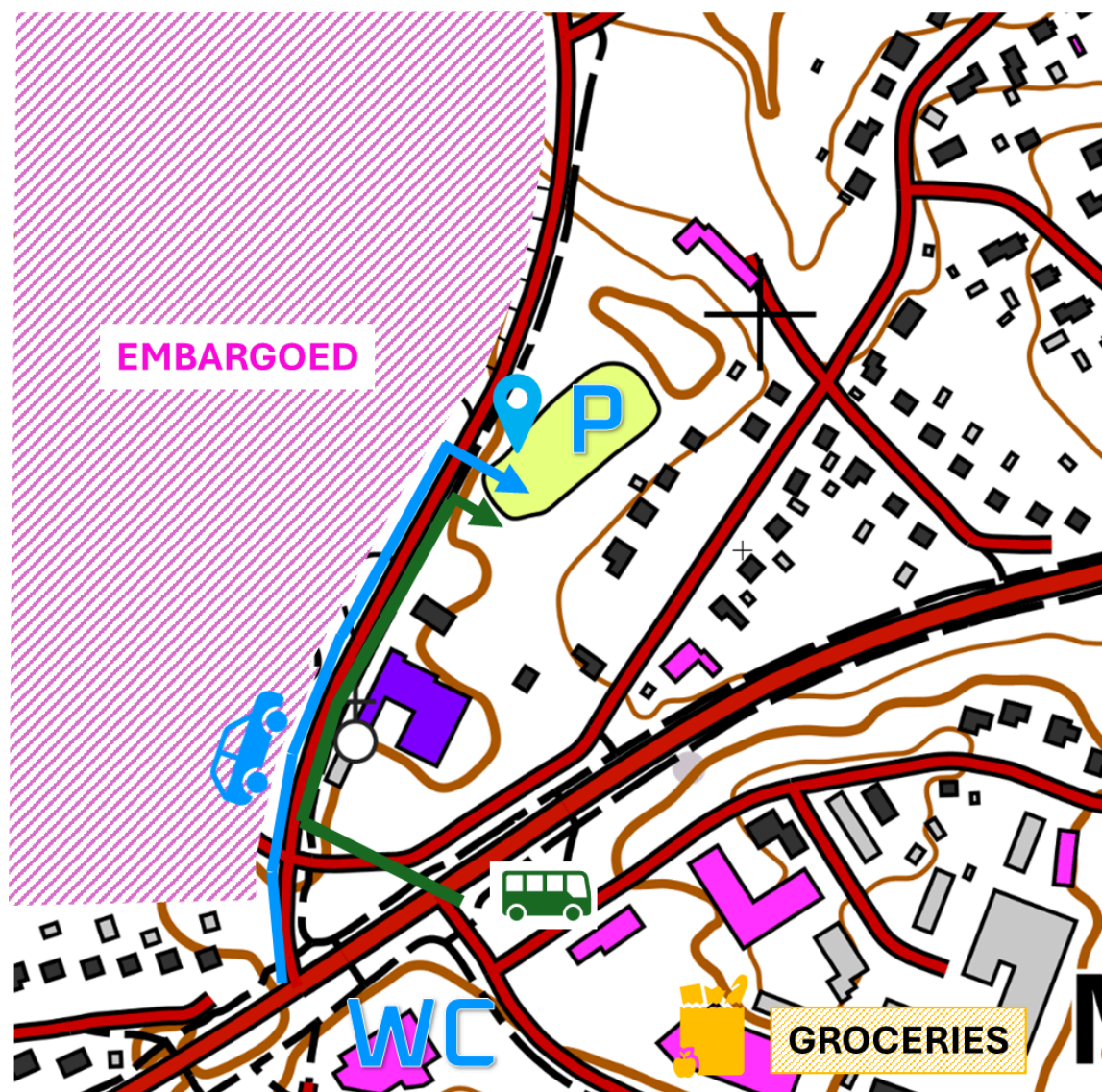
Driving through Tarjantie is forbidden. Competitors arriving by car should approach from the north using Mäkirinteenkatu (dashed blue line in the image).

There is a short, but steep climb from the car park to the competition center. If you require wheelchair parking, please contact event director for instructions.

If you use public transportation, please see the section "Local transportation" later in this document for more details. Closest bus stop is shown on the map above, but there are different bus options available that may leave you on bus stops a bit further away.

In the event center there is a restaurant and toilets available. On Friday the cafeteria is open. On Saturday in addition to the cafeteria service, there is a lunch available. Lunch contains salmon soup, salad and bread. You can buy and eat the lunch between Tempo and PreO1 races.

Event center SUNDAY:



On Sunday the Event Center opens latest at 9.30.

Sunday's event center is on the other side of Lahti city center in Kiveriö. Parking is located in the competition center on Ilmarisentie. Link to Google navigation: [LINK](#). If the event center's parking area gets full, you can park on the side of Ilmarisentie.

Unfortunately, no toilets are available in the Event Center, but you can use the facilities in Lanttila cafeteria (marked in the map) and at S-market (groceries, marked in the map).

Local transportation:

From Lahti city center to Tapanila (EC1) bus line 8, 8K and 8R can be used. **Lines 10 and 4 are not allowed** as these would make you walk through embargoed area.

From Lahti city center to Kiveriö (EC2) bus lines 4 V, 4H, 6T and 8R can be used.

More information on the local bus connections can be found from LSL website.

<https://www.lsl.fi/>

Race Information

Back-up punching

In case your TOE system doesn't give a signal when punching or otherwise doesn't work, you can make a back-up punch to your control descriptions using a safety pin. Answer columns are marked on top of the control descriptions. In the PreO sprint, only A and Z options are displayed. If you made a back-up punch using control descriptions, you need to tell this to the event organizers in the finish who will collect your map.

Please note that this is a back-up system and if your punch is registered using TOE chips, then the back-up punches are ignored.



PreO Sprint

Distance to the start is 750m. First start at 6pm. Everyone completes the same course. The course is split to two parts. Total course is 20 controls, 300m / 5m ascent. Good condition gravel outdoor trail.

Max times:

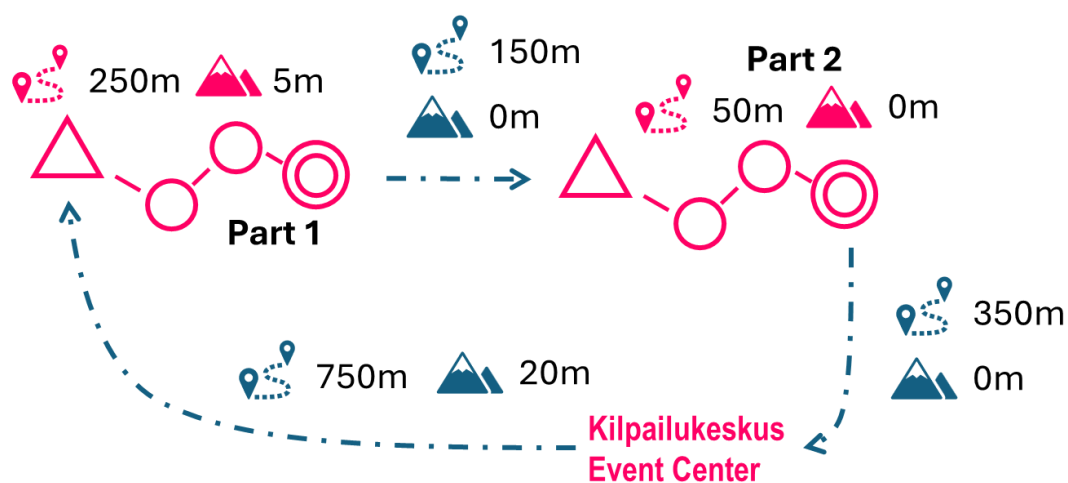
Open 30min

P-class wheelchair 37min 30s

P-class others 33min 20s

Once you punch at the finish of part 1 you need to hand over your map for the organizer. Continue 150m to the start of part 2. After punching at start 2, you will receive a map for section 2. After punching at the finish of part 2 you need to hand over your map to the organizer. After this you can continue back to the event center.

Zero tolerance 4m. Unless the control is over 50m away from the path, then the zero tolerance is 8m and there are two flags placed on the pole.



If you have made payment for the PreO sprint race already, but your name is not on the entry list ([LINK HERE](#)), please contact the event director as soon as possible.

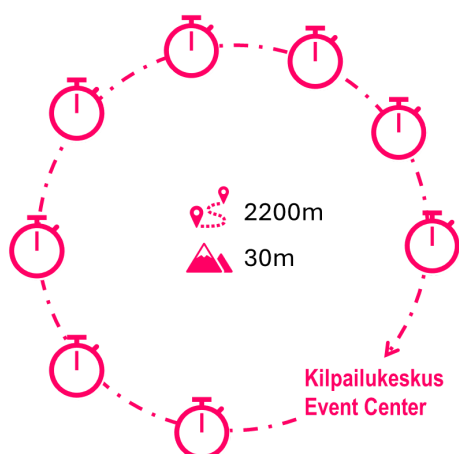
TempO

First start at 10:30. The “start” is located next to the event center, not in the first timed control. So the competitors are expected to leave the event center at their start time.

The route through the TempO course is marked in the terrain. There are no handout maps. The distance from the event center back to the event center is 2200m with 30m ascent. All classes: 8 tempo stations, each with 6 flags and 5 tasks. The whole route is relatively flat, but there is a section after station 6 where the trail is in weaker condition due to some forestry work. The route is still passable by a wheelchair.

Some of the tempo stations are on the edge of the mapped area, which means that there is more unmapped area within the circle than normally. This does not affect solving the tasks and everything you see from the chair is mapped.

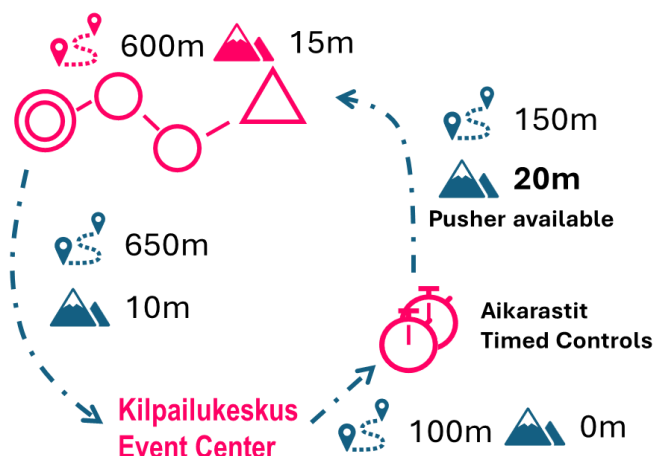
Zero tolerance 4 m, no exceptions.



PreO1

First start at 2pm. The start is near the event center. 2 timed controls on the way to start, 3 tasks each. After timed controls there is a steep climb where push help for wheelchairs is available. The course has 29 controls and 600m, 15m ascent. Maximum time 105min for Open classes, 115min with P-certificate. Good condition gravel outdoor trail.

Zero tolerance 4m, no exceptions.

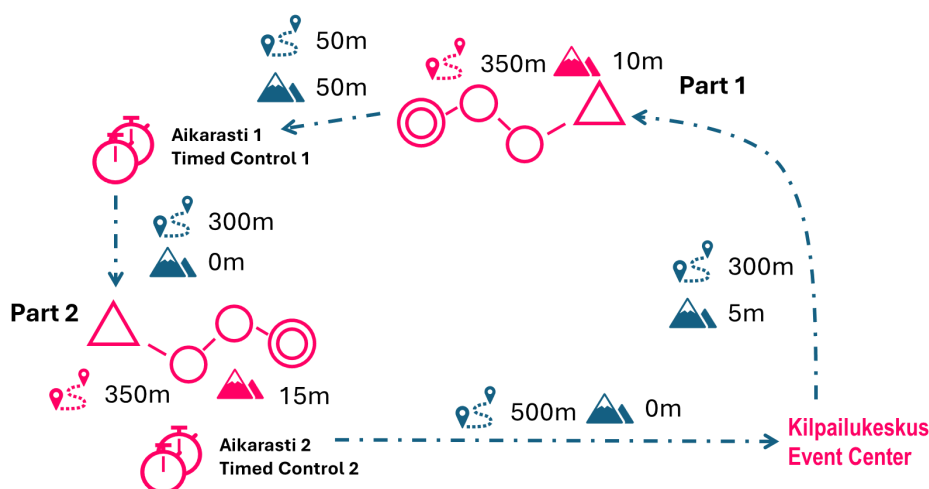


PreO2

The first start is at 10.30. 300m distance from the event center to start. Course has two parts. Total course is 27 controls, 700m / 25m ascent. Maximum time 102min for Open classes, 110min with P-certificate. Good condition gravel outdoor trail.

The first timed control is located between part 1 and part 2. After punching at the finish of part 1, please hand your map to the organizer. Continue 50m to the timed control 1. From timed control 1 there is 50m distance to the start of part 2. You get a new map after you punch the start for part 2. Timed control 2 is after the finish of part 2. After punching at the finish of part 2 you need to hand over your map to the organizer. After this you need to move to the queue for timed control.

Zero tolerance 4m, no exceptions.



Assistance:

Pushers and punching assistance must be arranged by the participants. For the steepest climb (on the way to PreO1 start) the organizer has reserved additional assistance.

Results and Prizes:

Results will be available at page <https://top.yq.cz> after the last competitor has started.

Finnish Championship medals for eligible participants. PreO Sprint, WRE classes and Open A classes will be rewarded with product prizes. Finnish Championship in PreO is determined from the combined results from PreO1 and PreO2 races.

Award ceremonies for all competitions on Sunday after the competitions.

Website: <https://www.ls37.fi/suunnistustapahtumat/tarkkuussuunnistuksen-sm-kilpailut-2025/>

More Information:

With questions, please contact the Event director:

Tuomo Niskanen, tuomo.niskanen96@gmail.com

Welcome to Lahti & Good Luck with Your Competitions!