# Norwegian TrailO Festival 2025 Nordic Match & WRE & ECTO

# Bulletin 1

Saturday 4th October: PreO & TempO in Vikersund (Modum) Sunday 5th October: PreO in Ås

All three competitions will be World Ranking Events and included in the Nordic Match. The two competitions on Saturday will also serve as Norwegian Championships.



## Event office:

The event office for day 1 is at Tyrifjord Hotel in Vikersund. The event office will be open Friday 15:00-21:00, Saturday from 08:00 and 15:00-21:00. Bibs and ToePunch tags for Saturday can only be collected at the event office at Tyrifjord hotel. Bibs and ToePunch tags will be the same also at the Ås competition on Sunday. The event office for Ås on Sunday is at the Ås arena. Bibs and ToePunch tags can of course be collected at the Ås arena for those who only participate on Sunday.

### **Event Programme**

# 1. Modum TempO, Saturday 4<sup>th</sup> October

Map: New map 2025 made for TrailO by Leif Eriksson and Per-Erik Björklund, ISSprOM 2019-2 (1:3000; 2.0 m).

Terrain: Classic Norwegian forest. Courses: About 500 m, 6 stations with 5 tasks at each station. Gravel road. Arena: Gravermoen, Vikersund. Outdoor.

# 2. Modum PreO, Saturday 4<sup>th</sup> October

Map: New map 2025 made for TrailO by Leif Eriksson and Per-Erik Björklund, ISSprOM 2019-2 (1:3000; 2.0 m).

Terrain: Classic Norwegian forest. Courses: About 500 m, 25-30 controls. Gravel road. Arena: Gravermoen Vikersund. Outdoor.

# 3. Ås PreO, 5<sup>th</sup> October

Map: New map 2025 made for TrailO by Kristen Treekrem, ISSprOM 2019-2 (1:4000; 2.5 m). The map is based on an earlier ISOM map, see previous map at Eventor.

Terrain: Mostly new clear-cut areas combined with coniferous forest with moderate to high visibility. Courses: About 800m, around 30 controls in Elite and around 18 in the A class. Mostly wide gravel trail-road in flat terrain with a total descent of 10 metres during the course.

Arena: Outdoor. Details will be published in Bulletin 2.

# Embargoed areas

See IOF Eventor.

## Travel distances

Approximately 90 km and 1.5 hour by car from Oslo Airport to Vikersund and 80 km and 1.5 hour by car from Vikersund to Ås. From Ås to the airport is 75 km and 1 hour by car. From a second airport in the region, Torp Sandefjord airport, south-west of Oslo, the distance by car is

approximately 120 km/1.5-2 hrs to both Vikersund and Ås.

# Classes and competition rules, Nordic Match

Nordic Match, team competition: National teams consisting of 5 athletes. Every nation may have a maximum of two teams.

Nordic Match, individual: Elite (Other classes, not included in Nordic Match/WRE: Open A)

The Nordic athlete and team with the best combined result from the three competitions will win the Nordic Match in the individual and team competition respectively. Details on results calculations will be published in Bulletin 2.

Other countries (or any group of athletes) may also have teams. These teams can win the team competition, but they cannot win the Nordic Match trophy.

## Classes and competition rules WRE

Only one class, Elite. An A-class will be possible to attend but is not part of WRE.

The competitions will follow the rules for IOF Trail Orienteering Events. The latest version of the rules is available for download from the <u>IOF website</u>.

#### ECTO

TempO 4<sup>th</sup> October and PreO 5<sup>th</sup> October.

#### Awards ceremony

The awards ceremony for WRE TempO + WRE PreO day 1 will take place at Tyrifjord Hotel in conjunction with a joint dinner (see below). The awards ceremony for the Norwegian Championships TempO and PreO will also take place at Tyrifjord Hotel at the dinner.

The WRE PreO day 2 ceremony on Sunday plus the overall Nordic Trophy ceremony will be held after the event finishes at Ås on Sunday.

### Accommodation

There is ample accommodation in the Oslo and Drammen area. We suggest booking accommodation at <u>www.tyrifjord.no</u>. The booking code "PreO 2025" will give you a 10 % discount on the normal price.

Accommodation can also be booked with the same booking code by e-mailing hotell@tyrifjord.no or calling +47 32 77 84 00.

# Social dinner

On Saturday 4<sup>th</sup>, a joint dinner will be served in connection with the award ceremony at Tyrifjord Hotel. The dinner consists of a buffet with both meat, fish and vegetarian dishes. The dinner must be ordered in advance by e-mail to hotell@tyrifjord.no or phone +47 32 77 84 00. The dinner costs 435 NOK.

### Assistance

Pushers and punching assistance must be arranged by the participants.

### Punching system

PreO: Toe Punch, provided by the organizer. Timed controls: ANT

#### Entries

Entry deadline: 28th September

Day 1 (TempO): <u>https://eventor.orienteering.org/Events/Show/8398</u>

Day 1 (PreO): https://eventor.orienteering.org/Events/Show/8397

Day 2 PreO: https://eventor.orienteering.org/Events/Show/8399

Team compositions to be sent to Per Stålnacke by email. Further instructions will be given in Bulletin 2.

### Entry fees

Elite class: 25 EUR per competition. A class: 15 EUR per competition

For non-Norwegian participants, entry fees must be paid in advance, common for both events: NAME: Norwegian TrailO Festival ADDRESS: Ljungbyveien 12, 1435 Aas, Norway IBAN: NO6611350540182 BIC/SWIFT: ASKSNO21XXX

It is also possible to pay in cash (NOK) at the registration desk at Ås on Sunday: NOK 275/165. Norwegian participants will be invoiced to the club after the event.

### Officials

#### Saturday 4th October

Event director: Leif Eriksson Course setter TempO: Marita Lilja Grønhovd Course setter PreO: Arno Lilja Grønhovd National controller TempO: Arno Lilja Grønhovd National controller PreO: Marita Lilja Grønhovd Event adviser: Per Stålnacke

#### Sunday 5th October

Event director: Per Stålnacke Course setter: Per Stålnacke National controller: Jo Inge Fjellstad Event adviser: Leif Eriksson

### More information

If you've got questions contact one of the Event directors: Modum: Leif Eriksson, <u>leif.gustav.eriksson@gmail.com</u> Ås: Per Stålnacke, <u>per.stalnacke@nibio.no</u>

# WELCOME

# MODUM OL & ÅS IL



