



Idrefjällveckan 2025





2025-06-18 Precisions Orientering

PreO 1 Saturday 21 June

ECTO and WRE Trail-O-competitions

Welcome to Idrefjällveckan with 3 PreO competition at same time as World Cup in orienteering in Idrefjäll. The Arena at Saturday is at same place as WC middle distans.

PreO 1 Saturday 21/6

For runners: It is not permitted to participate in the public orienteering competition on Friday if you intend to compete in PreO on Saturday.

Arena	The arena is located at the Ostliften lift station. Competitors in the Elite class travel from Idrefjäll by lift system up to the top of Idrefjäll for the start of part 1 on the course before arriving at the arena. After completing part 1, the competitors will take a lift to the arena to continue the competition with part 2.
Liftsystem	Competitors can be transported to the start by Gondol lift from Idrefjäll. The entry fee includes travel with the lift system. Everyone needs a ski pass to ride the lifts and this ski pass can be picked up at the Event Centre which you will find in the premises "Vistet" at "Torget" in
	Idre Fjäll. The ski pass for the lifts is included in the registration fee. See spec info!
Start	First start at 11:00, timed start applies according to the start list for all classes. The start is located at the top station of the Gondol lift, directly outside the lift station. It is forbidden for starters to go up to the upper floor of the building. NOTE! follow the signs to the PreO start.
	Part 1 starts up at Idrefjäll. Your own bag can be stored by an official at the start. After part 1, you take it to the arena yourself. After completing part 1, the map must be handed in to the official. A new map is obtained at the start for part 2. The start of part 2 should take place immediately after arrival at the arena.
	Follow the sign 500m north of the arena. Note: You are not allowed to use your phone between during the competition, fairplay!
Classes	Elite-Open (EO), Elite-Junior (EJ), Elite-physicalchallange (EP).
Courses	Elite course 31 controls (11+20), time max 123 min. The P-class time max 154 min. 4 m zero tolerance is used. Some checkpoints have viewpoints on the side of the road. Follow the signs.
Terrain	Mountain terrain with good visibility.
Time control	There are two-time controls with 6 flags and 3 tasks each. Time controls are conducted after the course on the way back to the arena. Follow the signs.

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Мар	Idrefjäll scale 1:5000 upscaled from O-map 1:15000 with small adjustments, eq 5m. ISOM 2017. The map has been used for orienteering 2024 and public race on Friday competition. It is not permitted to participate in the public orienteering competition on
	Friday if you intend to compete in PreO on Saturday.
Number bibs	All competitors must wear number bibs. Number bibs can be picked up on Friday at the Event Center at Idrefjäll or at start location on Saturday. The same number bib is used during all three competition days. You only need to change it if you change the competition class. Bring your own safety pins.
Toe-punch	Toe-punch system will be used. Toe-chip will be distributed at the event center on Friday or at the start location on Saturday. The same Toe-punch is used for PreO1 and PreO2 If any Toe-punch unit has stopped working, stamping should be done as below.
	A B C D E Z 5 A-E ▷ ● ●
Results and	Results will only be reported online at Preoresultat.se
ceremony	https://www.preoresultat.se/ Prize giving will be held after Sunday's PreO competition for the overall results of the two PreO competitions. (PreO1+PreO2)
Service	Small snacks are available at the arena.
Toilets	Toilets and HWC are available at the arena and at Idrefjäll.
Special transport.	Competitors who need their own transport with wheelchairs can drive up to the Idrefjäll summit and will need to drive around Idrefjäll and park at the arena. Contact the competition management for further guidance.
Jury	Niklas Nilsson, Härlövs IF, SWE John Kewley, Manchester O-Club, GB Juha Hiirsalmi, Turun Metsankavijat, FIN
Organizer	Event DirectorOwe Andersson +46 73 906 24 57Course setterOwe Andersson and Kerstin YngströmIOF Event AdvisorLennart WahlgrenEvent ControlTomas Yngström

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Welcome to Idre

