

BUKOWA CUP XII

1st - 4th May 2025

BULLETIN NO. 1

Szczecin





Dear Athletes,

The 12th edition of the Bukowa Cup competition is ahead of us. After the organizational success of the EYOC 2024 project, we are starting with another challenge, this time the city of Szczecin will host ETOC 2026, and the next two editions of the Bukowa Cup will be a test before the European Trail Orienteering Championships.

We enthusiastically encourage you to spend another long May weekend in Szczecin. This year, we offer six FootO stages according to the well-accepted points formula, where the five best results will be included in the general classification.

Some of the races will take place in the complicated and diverse terrain known from EYOC. In addition, two new maps will be created.

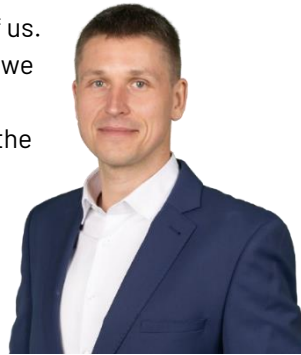
Additionally, we have prepared 4 stages of TrailO for you, 3 of which are classified as WRE.

Our competition is an opportunity to promote sports for people with disabilities and integrate our community. Everyone will find something for themselves in the prepared program.

Bukowa Cup is created by an experienced team, it is created out of passion for orienteering, and the courses lead through the picturesque and demanding Bukowa Forest.

We cordially invite you to Szczecin, the city smelling of chocolate.

We wish everyone great fun on the courses!



Bartłomiej Mazan

Event Director

ORGANIZER

Klub Orientacji Sportowej BnO Szczecin
ul. Somosierry 32c
71-181 Szczecin

PARTNERS AND SPONSORS

City of Szczecin
West Pomerania
Nadleśnictwo Gryfino
CX80
Etcetera
Polish Orienteering Association
Flamqa



FLAMQA

ORGANIZING TEAM

Event Director: Bartłomiej Mazan
Event Office: Aleksandra Mazan
The main referee of the competition: Krzysztof Polec
Map makers:
E2: Hubert Świerczyński
PreO Sprint: Hubert Świerczyński
E1, E3-E6: Wojciech Dwojak & Jacek Morawski
PreO, TempO – Krystian Petersburski
Course setters:
E1-E6: Bartłomiej Mazan
PreO Sprint: Krystian Petersburski
PreO: Bartłomiej Mazan
TempO: Jacek Wieszaczewski
IOF controller (TrailO): Jacek Wieszaczewski (PreO), Bartłomiej Mazan (TempO)



RANK AND FORM OF THE COMPETITION

Orienteering: Individual competitions, total point classification after six stages – the 5 best results of the competitor out of 6.

Time conversion to points for each stage:

Competitor's score = 1000 * winner's time / competitor's time

CTZ ranking competitions with the coefficient Z=1.10.

People who have less than 5 starts do not count towards the general classification.

Trail0: Pre0 Sprint, 2 x Pre0, Temp0 – separate classification for each stage of WRE

Total classification for 4 stages of Bukowa Cup

DATE AND PLACE

E1 – Medium Pre0 Sprint E2 – Sprint	1.05.2025 Thursday	Bukowiec Gryfino
E3 – A Classic Pre0 (WRE)	2.05.2025 Friday	Boulder Głaz Serce Puszczy
E4 – medium Pre0 (WRE) E5 – medium	3.05.2025 Saturday	Dworek Bukowy Park
E6 – a classic Temp0 (EW)	4.05.2025 Sunday	Centrum Edukacji Ekologicznej Szmaragd

PROGRAMME

1.05.2025 Thursday	11:00 – E1 – middle 17:00 – Pre0 Sprint 18:00 – E2 – sprint
2.05.2025 Friday	10:00 – E3 – long 11:30 – Pre0
3.05.2025 Saturday	9:00 – E4 – middle 10:30 – Pre0 16:00 – E5 – middle
4.05.2025 Sunday	9:30 – E6 – long 10:00 – Temp0

PARTICIPATION

According to the PZOS regulations, competitors taking part in CTZ competitions who want to participate in sports competitions organized by PZOS (competition for ranking points) are obliged to have a valid PZOS license. However, the lack of a license does not exclude the competitors from sports competition during the Bukowa Cup, the competition is open to everyone.

All of them are required to have valid medical examinations. Persons taking part in the Bukowa Cup competition, who do not have valid medical examinations, are obliged to present a statement about the start at their own responsibility in the competition office.

Competitors who want to compete for ranking points as part of the WRE in Trail0 must have an account on the EVENTOR platform and have an IOF ID number. When creating an account on Eventor, each competitor receives his number from the machine. You don't need to pay for a license to have an IOF ID.

SPORT IDENT

The Bukowa Cup competition will be played using the SportIdent electronic confirmation system. It is possible to borrow an SI chip from the Organizer. This should be indicated in the application.

During the competition, the contactless SportIdent AIR+ checkpoint confirmation system will be used.

Trail0: Pre0 and Pre0 Sprint: Toe Punch, Temp0 – ANT

CATEGORIES

Orienteering:

K10N, K10, K12, K14, K16, K18, K20 K21E, K21A, K35, K40, K45, K50, K55, K60, K65, K70, K75, K80, K85, K90+

M10N, M10, M12, M14, M16, M18, M20, M21E, M21A, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

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RECREATIONAL COURSES:

N – ribbon course

SHORT – easy, short, for beginners without age limits

MEDIUM – more difficult, longer, for intermediate people without age restrictions,

LONG – technically difficult and technically demanding, no age restrictions

FAMILY – very easy and short, for families with small children

K21A, M21A – technically difficult courses, but significantly shorter than K21E and M21E

Trail0:

ELITE - O – includes all competitors regardless of gender, age and degree of disability

ELITE - P – includes competitors regardless of age and gender, whose significantly limits their mobility in accordance with the Appendix No. 12a of the PZOS License Regulations and have an IOF ID

ELITE - J – includes competitors up to 20 years of age (born in 2005 or later) regardless of gender

A - CLASS – includes all competitors regardless of gender, age and rank disabilities, an easy course – created for beginners

REGISTRATION AND ENTRY FEE

6 STAGES				
deadline	F/M 10-14 Family K/M10N	M/M 16-18	from K/M 20	Short Average Long
Term I until March 18	PLN 145	PLN 205	PLN 290	PLN 205
Term II until April 15	PLN 175	PLN 235	PLN 350	PLN 235
After the deadline	PLN 235	PLN 265	PLN 410	PLN 265
STAGE 1				
deadline	F/M 10-14 Family	M/M 16-18	from K/M 20	Short Average

	K/M10N			Long
Term I until March 18	PLN 25	35 PLN	PLN 50	35 PLN
Date II until April 15	PLN 30	PLN 40	PLN 60	PLN 40
After the deadline	PLN 40	PLN 45	70 PLN	PLN 45
Trail0				
deadline April 15	ELITE		A-class	
Pre0/Temp0	25 EUR/110 PLN		7 EUR/30 PLN	
Pre0 Sprint	10 EUR/40 PLN		7 EUR/30 PLN	

Remark!! The validity of the application within a given period is determined by the payment of the entry fee to the organizer's account, not the fact of filling in the application form.

Renting an AIR+ SI chip for the entire competition 40 PLN. - limited quantity, the order of applications is decisive,

Renting an SI chip - an older model for the entire competition 20 PLN.

Losing an AI chip - 360 PLN/piece

Any changes, i.e. chip or category number **after April 16** or in the Competition center - PLN 10.00/change

Resignation from participation - In the event of resignation from the competition, after making the payment - the entry fee is non-refundable. It is not possible to transfer the entry fee to another competitor.

Competitors who did not show up at the start but made an application are obliged to cover 50% of the entry fee.

Applications will be accepted via the PZOS application form www.zielonysport.pl

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Changes and additions to the data with the SI card number inclusive will be accepted until 15 April 2023.

Applications of competitors from abroad will also be accepted through the website <https://www.orienteingonline.net/>

The entry fee should be sent to the following bank account:

Stowarzyszenie Klub Orientacji Sportowej BnO Szczecin

IBAN PL27 1090 2806 0000 0001 4992 9495

SWIFT WBPPLPP

Santander Bank Polska

The transfer title should include:

Bukowa Cup 2025 and the name of the Club (or the name of the contact person)

OFFICIAL T-SHIRT

It is possible to order an official Bukowa Cup T-shirt.

Orders should be placed by e-mail by April 15 with the size and design of the T-shirt.

The cost of a T-shirt ordered before the competition is PLN 110 / piece.

Those who do not decide to order a T-shirt before the competition will have the opportunity to buy it at the Competition Center - the cost is PLN 120 / piece. - while stocks last.

TEMPLATE NO. 1



MODEL NO. 2 (while stocks last)



COMMENTS

Participants of the competition insure themselves on their own. The organizer is insured against civil liability.

The organizer provides medical care.

CONTACT

Email address: kontakt@bno.szczecin.pl

Website: <http://bukowacup.pl>

Office Manager: Aleksandra Mazan tel. +48721 121 141

Competition Director: Bartłomiej Mazan tel. +48668 009 601

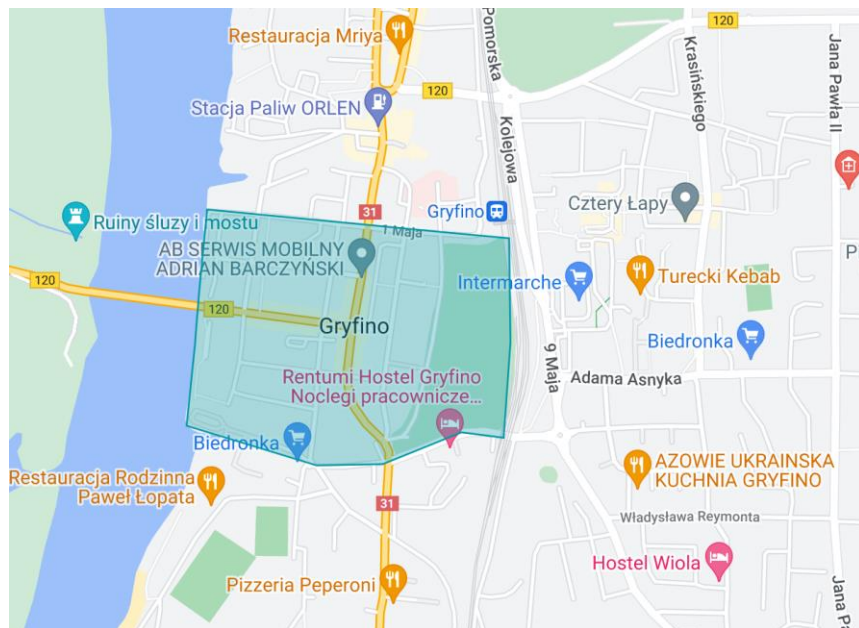


CLOSED AREAS

The Organizer closes the area where the BukowaCup 12 Competition will be held under the following conditions:

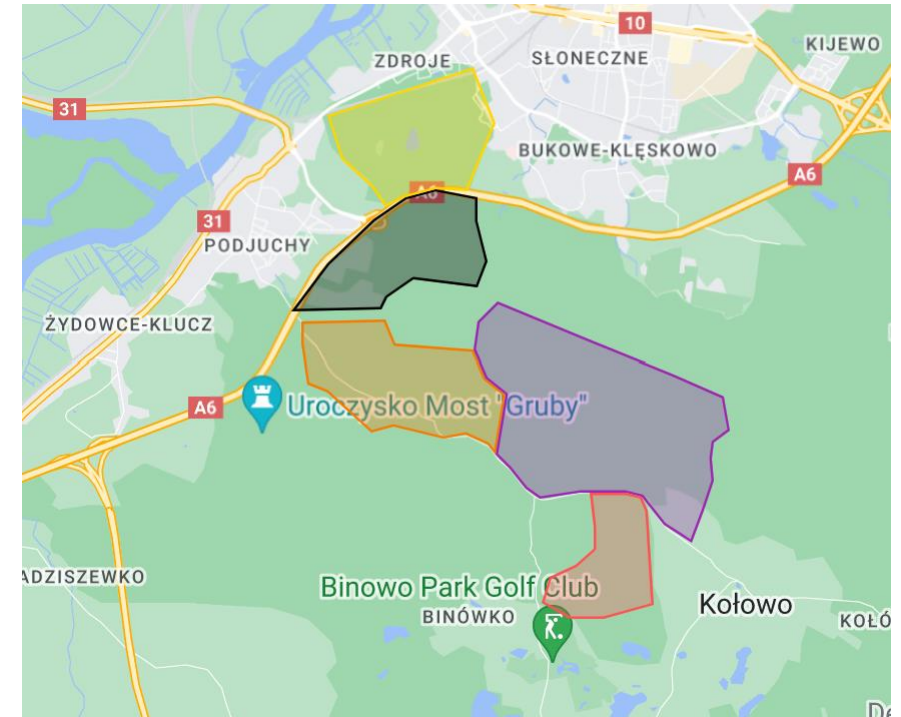
Sprint Race - E1

In a closed area, it is allowed to stay as a resident, student, for business or tourist purposes (e.g. sightseeing, visiting a restaurant, shopping, participating in indoor sports events). In the closed area, it is forbidden to: stay with a map for Orienteering and running.



Forest Stages - E2-6

It is forbidden to stay in the entire closed area, this applies to walking, running, cycling or skiing, etc. It is forbidden to organize Orienteering competitions.



Link to the interactive map:

<https://tiny.pl/yn8pj6wb>

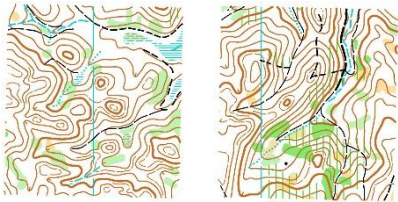


TERRAINS AND MAPS

STAGE 1 – middle (1.05.2025)

A typical moraine with a very good to very difficult course with a well-developed road network. The forest is heavily used economically.

Map: scale 1:10 000, for category KM50+ 1: 7 500, contour lines every 5m, ISOM 2017, format A4, current spring 2025.



STAGE 2 – sprint race (1.05.2025)

The area of the run will include the urbanized area of the Old Town in Gryfino and adjacent areas with housing estate buildings such as blocks of flats and single-family houses. The map also includes the adjacent park.

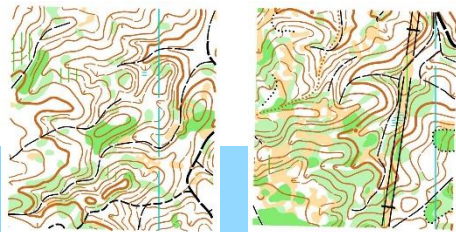
Pre0 Sprint (1.05.2025)

The area of the run will include the urbanized area of the Old Town in Gryfino and adjacent areas with housing estate buildings such as blocks of flats and single-family houses. The map also includes the adjacent park.

STAGE 3 – long (2.05.2025)

A typical moraine with a very good to very difficult course with a well-developed road network. The forest is heavily used economically.

Map: 1: 15,000, 1: 10,000 for the age categories F/M-40 and older and F/M14 and younger, and 1: 7,500 for the F/M65 + category, contour lines every 5m, ISOM 2017, format A3-A4 depending on category, current spring 2025.



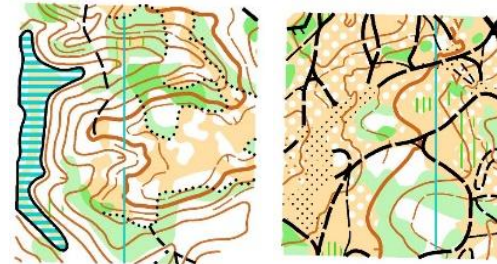
Pre0 (02/05/2025)

A typical moraine with a very good to very difficult course with a well-developed road network. The forest is heavily used economically.



STAGE 4 – middle (3.05.2025)

There are three types of forest. The first part is a semi-open mixed forest with good running opportunities and limited visibility, the second is a dense forest with limited running opportunities and the third is a typical beech forest terrain with good running and visibility.



Pre0 (3.05.2025)

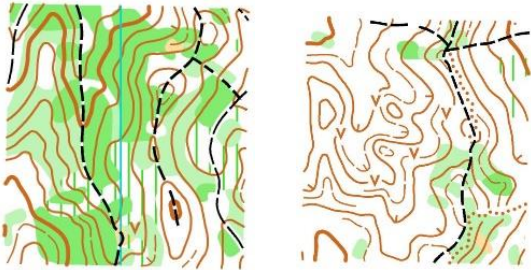
A typical moraine with a very good to very difficult course with a well-developed road network. The forest is heavily used economically.



STAGE 5 – middle (3.05.2025)

A typical moraine with a very good to very difficult course with a well-developed road network. The forest is heavily used economically.

Map: scale 1:10 000, for category KM50+ 1: 7 500, contour lines every 5m, ISOM 2017, format A4, current spring 2025.



STAGE 6 – long (4.05.2025)

A typical moraine with a very good to very difficult course with a well-developed road network. The forest is heavily used economically.

Map: scale 1: 15,000, 1: 10,000 for the age categories F/M-40 and older and F/M14 and younger, and 1: 7,500 for the F/M65 + category, contour lines every 5m, ISOM 2017, format A3-A4 depending on category, current spring 2025.

Temp0 (4.05.2025)

A typical moraine with a very good to very difficult course with a well-developed network of roads and the slopes of the adjacent lake, which was once a chalk mine.