

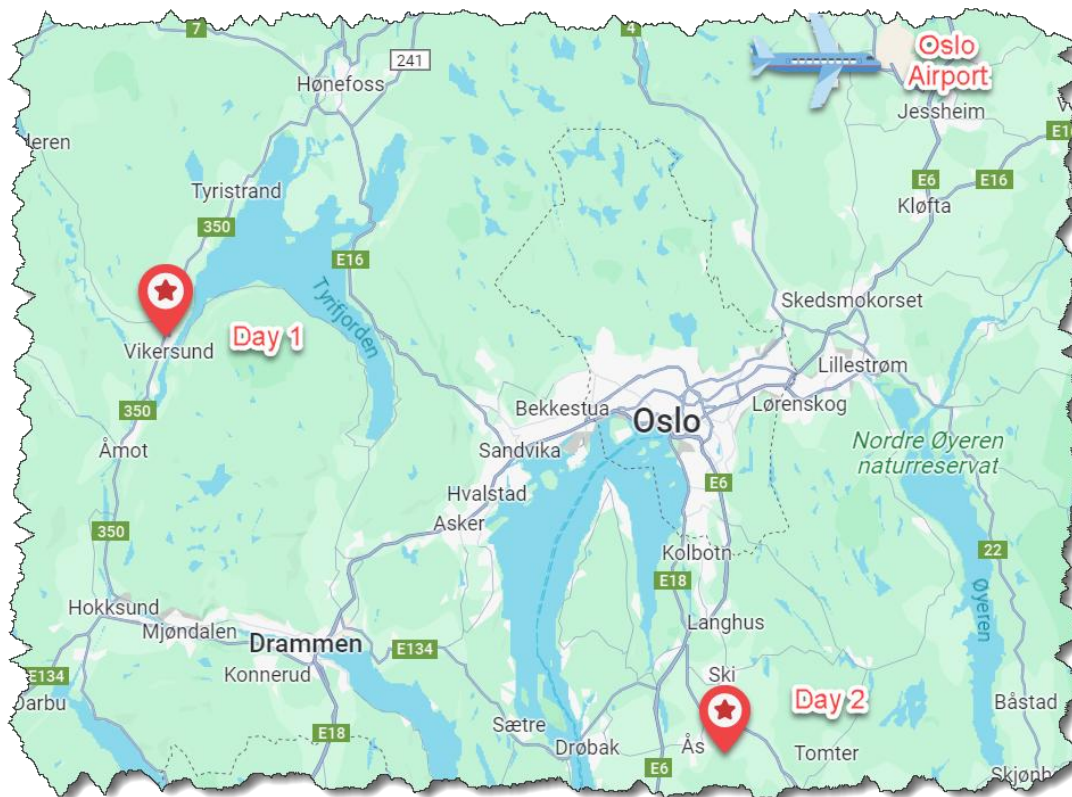
Norwegian TrailO Festival 2025

Nordic Match & WRE

Bulletin 0

Saturday 4th October: PreO & TempO in Vikersund (Modum) **Sunday 5th October:** PreO in Ås

All three competitions will be World Ranking Events and included in the Nordic Match.
The two competitions on Saturday will also serve as Norwegian championships.



Travel distances

Approximately 90 km and 1.5 hour by car from Oslo Airport to Vikersund and 80 km and 1.5 hour by car from Vikersund to Ås. From Ås to the airport it is 75 km and 1 hour by car.

From a second airport in the region, Torp Sandefjord airport, south-west of Oslo, the distance by car is approximately 120 km/1.5-2 hrs to both Vikersund and Ås.

Accommodation

There is ample accommodation in the Oslo and Drammen area, but the recommended option is [Tyrifjord Hotel](#), where the Saturday's event office will be located, and we at Saturday evening will organize a common gathering with dinner and prize-giving for the first two competitions. When booking the accommodation, you'll get a 10 % discount if booking directly with the hotel and informing that you participate in "PreO Nordic Match"

Classes and competition rules, Nordic Match

Nordic Match, team competition:
National teams consisting of 5 athletes.

Nordic Match, individual: Elite
(Other classes, not included in Nordic Match/WRE: Open A)

The athlete and team with the best combined result from the three competitions will win the Nordic Match in the individual and team competition respectively. Details on results calculations will come in Bulletin 2. Every Nordic nation may have a maximum of two teams.

Other countries (or any group of athletes) may also have teams. These teams can win the team competition, but they cannot win the Nordic Match trophy.

The competitions will follow the rules for IOF Trail Orienteering Events. The latest version of the rules is available for download from the [IOF website](#).

Assistance

Pushers and punching assistance must be arranged by the participants.

Punching system

PreO: Toe Punch, provided by the organizer.
Timed controls: ANT

More information

More details about terrain, maps, entries and fees, and a lot more, will follow in Bulletin 1 early 2025.

If you've got questions contact one of the Event directors:

Modum: Leif Eriksson, leif@leiferiksson.se

Ås: Per Stålnacke, per.stalnacke@nibio.no

WELCOME

MODUM OL & ÅS IL

